

Prayer Ministry Small Group Study Guide

Lesson 11: Physical Healing Exercise

Use the table below for a physical self-examination. In the first column note any issue or symptom God brings to your mind. Where do you experience pain, disease, discomfort, disability, or limitation?

Ask God to reveal the source or root of that pain, and enter the answer in the second column. The root may be physical, but could also be from the spiritual or emotional realms. Then ask for His remedy, and capture that in the third column. Often healing comes through an act of obedience. If God has given you instruction, make a note of the specific action you need to take.

Thank and praise Him for reconciliation.

Issue/Symptom	Root Cause	God's Remedy	Act of Obedience

Allow time for testimonies and praise reports for anyone that received physical healing that manifested during this prayer time. Then make time for testimonies from anyone that received assurance of healing and is awaiting its completion.

Sharing: Physical Healing

Discuss these points and questions in your small group.

- Physical healing was never Jesus' ultimate goal, but served as a starting point for complete healing.
- What has been your experience with faith healing, whether live or on television?
- Why do you think some are uncomfortable with talk about physical healing?
- How can you promote physical healing without placing judgment on others?
- What were the benefits of signs and wonders done by the disciples in the towns to which Jesus would go?
- How does that pattern affect your thinking about evangelism and the ministry or reconciliation?
- What kind of faith do you have?
- How can you encourage someone trapped in unbelief?

Prayer Ministry
Small Group Study Guide

Caring: Physical Healing

Read James 5:13-16 and ask the Lord how you should respond to what He is saying.